

22 JANUARY
'23

INFERTILITY & MENTAL HEALTH SUMMIT – AGENDA

get intimacy



10:00 AM – 10:30 AM	REGISTRATION
10:30 AM – 11:00 AM	Inauguration and Welcome Address by Pallavi Barnwal , Founder, GetIntimacy followed by Lamp Lighting Ceremony by Guest of Honour Dr. Amita Puri - Consultant Clinical Psychologist (PGI, Chandigarh) and Yamini Jain Aggarwal (India's top content creator)
11:00 AM – 11:45 AM	Panel Discussion 1 – <u>Gender Differences in the experience of Infertility.</u> Panel members – Dr. Meenakshi Ahuja (Gynaecologist), Dr. Surbhi Singh (Gynaecologist), Dr. Shailendra Goel (Consultant Urologist & Sexologist), Dr. Prateek Makwana (Consultant Embryologist), Jayant Sundaresan (Psychologist) and Dr. Shubank Singh (Centre Head, Medanta - Panel Moderator)
11:45 AM - 12:00 PM	Talk by Pratiksha Ratna , Founder and CEO of Gravid on <u>The Conception of Gravid - A platform about Pregnancy, Parenting and Personal Growth</u>
12:00 PM – 12:45 PM	Panel Discussion 2 – <u>Maternal Mental Health.</u> Panel members – Dr. Joffi Chacko (Gynaecologist), Dr. Shelly Singh (Gynaecologist), Dr. Chirag Bhandari (Andrologist), Dr. Rashi Agarwal (Psychiatrist), Shreya Mitra (PPD Advocate) and Dr. Parul Upreti Saili (Mom Influencer - Panel Moderator)
12:45 PM - 1:00 PM	Talk by Shreya Mitra on <u>Haplocare - The first Maternal Mental health and anxiety tracking app</u>
1:00 PM - 1:30 PM	Talk by Dr. Piyush Juneja , Ayurveda Consultant, Founder - Indianvaidyas.com on <u>Back to roots: Ayurveda - Intimacy - Infertility.</u>
1:30 PM - 2:30 PM	<u>LUNCH</u>

2:30 PM - 3:00 PM	Talk by Pallavi Barnwal , Founder of GetIntimacy on <u>Understanding Miscarriage Counselling : A Holistic Process</u>
3:00 PM - 3:30 PM	Storytelling session by Sundeep Verma , Mythologist & Founder of Cobalt Blue Foundation on <u>How Gods are born - Interesting stories from Indian Mythology.</u>
3:30 PM - 4.15 PM	Panel Discussion 3 - <u>Pregnancy and Nutrition</u> Panel members - Dr. Yukti Wadhawan (Gynaecologist), Yamini Jain Aggarwal (Entrepreneur, Mom Influencer), Sakshi Lalwani (Dietician), Archana Batra (Dietician), Dr. Binti Jhuraney (Health and Wellness Consultant-Moderator)
4.15 PM - 4.45 PM	Paper presentation by Dr Amita Puri (Consultant Clinical Psychologist) on <u>Psychological Screening for Mental Health Issues Associated with Infertility in India - Cultural Perspectives</u>
4:45 PM - 5:30 PM	Panel Discussion 4 - <u>Counselling couples to cope with Miscarriages and IVF Failures.</u> Panel members - Dr. Nidhi Jha (Gynaecologist), Dr. Shilpi Juneja (Gynaecologist), Dr. Tuhina Goel (Gynaecologist), Poonam Nayar (Psychologist), Nupur Agarwal Kalra (IVF Mom, Mom Influencer) and Dr. Preeti Singh (Psychologist - Panel Moderator)
5:30 PM - 6.00 PM	Closing remarks and Vote of thanks by Pallavi Barnwal , Founder, GetIntimacy

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